## SUNTIMES/Shopper An edition of the Lethbridge Herald A division of the ALTA Newspaper Group LP www.shoppergroup.com

INSIDE this week's issue: An eclectic entertainment lineup - THE ARTS page 7



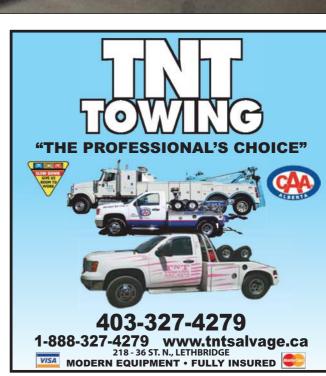
PHOTO SUBMITTED BY INTERFAITH FOOD BANK

Youngsters take part in the Food Explorers Cooking Club at the Interfaith Chinook Country Kitchen.

## **Adventures in Cooking**

The Food Explorers Cooking Club gives kids the skills to prepare healthy meals and snacks

See cover story on page 3





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February 19, 2020 - Lethbridge Sun Times/Shopper - page 2

#### **CITY NEWS**

#### City News In Brief

Forward your notes to the Lethbridge Sun Times. They can be emailed to us at **suntimes@lethbridgeherald.com** or faxed to 403-329-9355

#### Grads get help

The Young Women's Leadership Council, through the YWCA, gathered hundreds of dresses for graduating high school students to have for their graduation day for free, for the sixth annual Attire to Inspire event.

Throughout the Feb. 8 weekend, dozens of students came with their families to search for the perfect dress to wear on the wrapup day of their public education ending celebration. Attire to Inspire was started by a group of young women who wanted to help graduating girls and non-binary individuals look their best, for free, on their graduation day

"This weekend is our sixth annual Attire to Inspire event where we give away free grad dresses to those who are graduating high school this year or next year," says Lindsay Brown, Girl Space Program Team Lead, YWCA.

"Our Young Women's Leadership Council has been running for a number of years here at the YWCA, and it was a group of young women that were together and they wanted to fill a gap that they found in the community, which is that graduation is very expensive and they really wanted to celebrate the fact that so many girls are graduating high school, and so they started the campaign to gather dresses, along side with a worker at Winston Churchill High School as part of a project for them and we put on this event and it was really amazing and welcomed by the community so we continued it."

As part of the event, students were able to get a lesson in makeup to practice with so they can do it themselves, along with being able to take part in a photo session for some graduation photos to take home. As graduation can cost hundreds, if not thousands of dollars to fully put together the celebration, Attire to Inspire helps relieve some of that financial stress to families and students so they can focus on the celebration.

"Grad dresses vary in prices, you can find one for \$150 but that is very rare, I think on average people spend about \$400 and people can spend up to \$1,000 alone on the dress alone, not even the hair and makeup or event included," says Lacey Otway, President of Young Women's Leadership Council, YWCA.

#### Conversion therapy banned

Lethbridge city council voted to bring in a ban on the advertising and business practice of conversion therapy in the City of Lethbridge, and to advocate to the Kenney government for a total provincial ban on conversion

While there was some disagreement and dissent on the issue of local bylaw enforcement of such a ban among councillors, council unanimously supported advocacy to the province to ban the practice in Alberta.

Coun. Joe Mauro asked that the original motion be split into two separate motions untying the provincial advocacy front from a local bylaw enforcing a local advertising and business practice ban. He supported advocacy to the province but opposed drafting a local bylaw on conversion therapy.

"My opinion, belief systems, values, morality, etc., aren't addressed in a bylaw," he stated. "Whatever the issue in question is, and I totally agree there is maybe something morally reprehensible for many, I can't see that captured in a bylaw. We definitely may have a public position (as a council), which we do, and we voted unanimously on that — and the letter to the province will clearly identify that."

Mauro was supported in his opposition by Coun. Blaine Hyggen.

However, Coun. Rob Miyashiro, who co-sponsored the motion, said it certainly was within the City's jurisdiction to ban advertising and to block anyone applying for a business licence to offer the service in Lethbridge.

"This type of resolution speaks to what we have jurisdiction over," he stated. "We have jurisdiction over licensing a business, and what business practices can occur. We can't tell them they can't do it, but we can tell them we are not going to license them to do it. Ottawa is looking at this from a Criminal Code perspective, something they have full jurisdiction over. We're looking at it as a business licensing and business operational aspect, something we have full jurisdiction over."

#### Murder suspect sought

The Lethbridge Police Service is confirming a man wanted for Lethbridge's first homicide in two years is also wanted for a second murder in Edmonton two days later.

Mohamud Omar Dhiblawe, 29, of Toronto, is charged with one count of second-degree murder in connection with the shooting death of a 35-year-old man in west Lethbridge last Thursday night. Dhiblawe has also been charged with second-degree murder in connection with a homicide in Edmonton on Saturday. Both the LPS and the Edmonton Police Service have issued Canada-wide



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#### **FOR THE SUN TIMES:**

Director of Sales:
Brian Hancock
Classifieds/business office:
403-328-4433
Advertising:

403-328-4410 Classifieds fax:

403-381-3350
504 7th Street South
Lethbridge, AB T1J 2N5
Sun Times Email:
suntimes@lethbridgeherald.com
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Stu Sinclair, Don Jarvie

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#### **FOR THE SHOPPER:**

**Publisher:** 

Ryan McAdams Director of Sales: Juanita Collins

Classifieds:

403-329-8225

Classifieds email: jcollins@shoppergroup.com Advertising:

403-329-8225 612 5th Avenue South Lethbridge, AB T1J 4G9

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# Frustrations common when learning other cultural norms

**By Tina Meggison** Alberta Health Services

As my husband and I prepare to embark on a holiday to Cuba, I am reminded of the many different cultural norms we run into every day.

With technology and social media today, we are able to research and prepare for any cultural differences we may encounter on our vacation.

When we go to Cuba, we can ask the locals what is customary there and what to expect, and we also have the benefit of a Facebook group of people who have already been there, and can give us the benefit of their experience.

But this convenience is not something our Low German Mennonites or other cultures necessarily have access to when they come to make a life in Canada. And sometimes, as my friend just experienced, we can be given misinformation which in this case gave us a good laugh!

Here's what happened: my friend heard somewhere that Cuban men would never wear pants in the city. When she asked about it in the Facebook group, she learned this was humorously false!

Frustrations are common as we try to learn other cultural norms, and it can be frustrating as well when others don't understand ours. It can be seen as rude or ignorant when actually, it is usually not intended that way.

I recall as a teenager struggling to understand the cultural ways of Canadian life. For example, when do you tip? Do you tip the gas station attendant who is filling up your car on a cold blizzardy day? Or do you tip at the salon when getting your hair done? On one such occasion, after getting a pedicure for the very first time, I was embarrassed to later learn that I should have tipped the salon employee. And although we didn't eat out very often, especially not at a fancy restaurant, we also had no idea that tipping the server was expected.

This is not as common in Mexico, and when it is, it's a smaller amount. Another example would be that in Mexico, bribes are not only normal, but often expected from service providers such as police and doctors. This however is not acceptable in

Canada and can cause misunderstandings frequently.

So how does one navigate the cultural norms of a country when language is a barrier? By building relationships with other Canadians and by watching others "do life." When we first moved to Canada over 30 years ago, we had no idea what was expected of us and most likely unintentionally offended or upset others around us as a result.

Not only were there new laws to follow but the social rules were just as important to some. It is my hope that those reading this article will have a new appreciation and understanding of other cultures around them and the difficulties they face. So build relationships with those around you from different cultures and learn their ways as you impart the Canadian cultural norms to them. Here in Alberta, culture is as vast and varied as our weather, so you won't have to look far to make new friends!

Tina Meggison is a Community Health Representative with Alberta Health Services, and can be reached via email, tina.meggison@ahs.ca.

warrants for the arrest of Dhiblawe.

Insp. Jason Walper of the LPS Criminal Investigation Division said Dhiblawe is considered armed and dangerous.

"We ask the public not to engage Mr. Dhiblawe if they observe him in any matter, and to contact local police," Walper stated.

Walper said the homicide in Lethbridge is believed to have occurred as a result of a verbal dispute between the suspect related to the illicit drug trade. Dhiblawe did have connections to Lethbridge, Walper confirmed.

"We have been sharing a lot of information with the Edmonton Police Service, and our investigation and theirs is continuing," he said. "I don't know how long he has been in Lethbridge or in Alberta. Certainly, he does have connections here, and has been here. And we do have occurrences involving our officers here and throughout Alberta."

Walper said it is not often local police deal with this type of offender, one accused of multiple homicides, in Lethbridge.

#### **Decision deferred**

Lethbridge city council deferred a decision on funding any potential Indigenous Cultural Centre until next February's Capital Improvement Plan deliberations.

Council was presented with a thorough report on the matter during Monday's public meeting and Perry Stein, Indigenous relations adviser for the City of Lethbridge, said he and the cultural centre's supporters intend to use the time to provide more clarity on what the site may ultimately encompass.

"The range of scales of cost we identify on this project is anywhere from \$5-10 million to \$18-20 million," he explained. "Again, that's not necessarily out of the gate how much this is going to cost. It might be an incremental cost over time depending on how we start and the path we go. There is also opportunity for community partners to play a role in the development of a cultural centre."

Stein said council could decide to start out small and grow the centre over time or go for a larger-scale project out of the gate. Similar to the city's other cultural centres such as the Lethbridge Italian Club, the Southern Alberta Ethnic Association and other locations which celebrate Lethbridge's cultural diversity, the new Indigenous cultural centre would serve as a bridge between local Indigenous peoples and the broader Lethbridge community, said Stein.

"Lethbridge is in the home of the Blackfoot territory," he stated. "This has been Blackfoot territory for thousands of years. Lethbridge is also home to an Indigenous urban community of upwards of 10,000 people. There are several thousands of Indigenous students who come to school here every day.

#### **Entorcement limited**

The City of Lethbridge is asking those contemplating any kind of renovation, construction or demolition project on their property to first contemplate the risk of asbestos exposure before taking any steps.

"Houses pre-1985 generally have some form of asbestos," says City of Lethbridge building inspection services manager Kerry Crump; "whether that's in the drywall, mud, ducting or things like that. Anything more post-1990 is a little more relaxed, but there is asbestos in a lot of buildings out there right now."

"It's important to note when asbestos is left undisturbed it is not dangerous," he adds. "If you just leave it alone, it won't hurt you. As soon as you start to tinker with it and disturb it the fibres can be released."

Asbestos is a well-known carcinogen which was widely used in many new-home builds for insulation purposes up until the 1980s. There are provisions for its safe removal set out in the Alberta Safety Codes Act, but Clump admits the City has no real ability to enforce these provisions; especially when construction or demolition projects are undertaken without proper permits.

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# Cooking adventures for kids

Food Explorers
Cooking Club
teaches kids to
prepare healthy
meals and snacks

Dave Sulz

Sun Times/Shopper

ids in the kitchen?
It's encouraged at the
Interfaith Chinook Country
Kitchen, where youngsters
ages 9 to 12 are given an opportunity
to learn about health meal
preparation thanks to a program
called the Food Explorers Cooking
Club.

The program, made possible thanks to funding from Food Banks Canada and The Hershey Company, has proven to be a great success, with another seven-week session scheduled to begin March 6.

In the Food Explorers Cooking
Club, children attend free two-hour
classes on Friday afternoons to learn
to prepare healthy meals and snacks,
with an emphasis on food safety,
kitchen safety and meal planning.
Each class includes nutrition
education and cooking, along with games
and activities which give participants the
skills they need to recreate their healthy
eating experiences at home.

Children try new foods, prepare several different recipes and use their new knowledge and skills to prepare a



celebratory meal for their family or community.

The funding provided by Food Banks Canada and The Hershey Company assisted Interfaith Food Bank with food and equipment purchases for classes which took place during September and October last year. The program's success has encouraged organizers to continue to run future sessions.

While classes are offered free to community members, pre-registration is required and sessions are filling quickly. Organizers encourage those interested to contact the Interfaith Chinook Country Kitchen at 403-320-8138 to register for

upcoming classes. The next session will run from March 6 to April 24.

The Food Explorers Cooking Club is one of several programs which operates at the Interfaith Chinook Country Kitchen, located at 1103 3 Avenue North. Opened in 2005, the community kitchen is the result of a unique partnership between Interfaith Food Bank and Family Centre. The community kitchen program provides free cooking sessions designed to teach healthy eating on a limited budget. Free two-hour classes are offered Monday through Friday under the direction of the facility's Kitchen Co-ordinator.

An early childhood educator provides activities for children while parents cook in the kitchen.

Other community kitchen programs include Big Chef Little Chef, an interactive program which allows preschool-aged children (3-6) and caregivers to work together to create delicious snacks, while also nurturing fledgling kitchen skills and encouraging a healthy interest in nutrition.

Kids in the Kitchen is a fun, interactive program offering caregivers and children the chance to cook together, while also allowing kids to gain independence in the kitchen, and provides nutrition education and parenting tips for caregivers. It's for children ages 7-11 with their caregivers.

In the Young Chefs program, participants ages 11-14 learn to read recipes, gain a greater knowledge of nutrition, use kitchen implements (even barbecues), and create tasty treats — all while having fun with other kids their age.

For more about Interfaith Food Bank and its programs, visit the website at www.interfaithfoodbank.ca.





PHOTOS SUBMITTED BY INTERFAITH FOOD BANK

Enjoying healthy smoothies as part of the Food Explorers Cooking Club program.

 Lethbridge Public Library will celebrate Family Week Feb. 18-21 at The Crossings Branch with a variety of family-friendly activities. Help us create a community mural/collage that represents the many different families in our community, stop by our craft table to make a hanging ornament/decoration that includes all the members of your family, and enjoy one of our four family movies... all about family! The Main Branch will also be hosting a Reading Week Family Movie, "Abominable,"

Feb. 20. Visit lethlib.ca for full details.

• PROBUS Lethbridge will hold its next meeting Feb. 19 at 9:30 a.m. at Royal Canadian Legion, Memorial Hall, 324 Mayor Magrath Drive S. The entrance is on the north side of the building. This month's speaker is Lyle Harrison, a long-time member of PROBUS Lethbridge who will take attendees to Nepal through Bhutan via videos, still photos and commentary which he has combined into a documentary. Guests are always welcome

 Bring your smile and join the Coaldale Seniors' Advisory Committee for a morning of fun, companionship and information pertinent to seniors. Every **third Wednesday** of the month our group meets at the Coaldale Senior Centre at 10 a.m. (coffee and cookies courtesy of McDonald's). The next two events will be held **Feb. 19** - Online Privacy, and **March 18** - Better Business Bureau. There will be a question-and-answer period after the presentations for any questions you may

• Lethbridge Public Library will host Crafty Adults Feb. 19 at 7 p.m. at the Main Branch, Community Meeting Room. Adults of all ages are welcome to join us once a month as we tackle a new craft. Materials are provided, so bring a friend, have fun and get creative! Phone 403-320-4799

• Playgoers of Lethbridge will present "Daisy" Feb. 19-22 at 7:30 p.m. at the Sterndale Bennett Theatre. "Based on true events, Daisy launched the age of negative advertising and forever changed how we elect our leaders.' Tickets available at the Yates Ticket Centre (phone 403-329-7328)

 Join Volunteer Lethbridge for their monthly BUZZ Session Feb. 20 from 9 a.m.-12 p.m. to learn more about the Canadian Code for Volunteer Involvement. CCVI was revised in 2017 by Volunteer Canada to update standards, reflect current social context and incorporate a more streamlined format. During this 3-hour session presenter Diana Sim will show you how to use the CODE as your guide for Volunteer Management processes. To sign up, visit **https://ccvi.eventbrite.ca** or contact Aileen at 403-332-4320 email: outreach@volunteerlethbridge.com

 Alberta Genealogical Society, Lethbridge Branch will hold its Annual General Meeting Feb. 20 at 7 p.m. at Room 128, 909 3 Ave. N. (facility is wheelchair accessible). Guest speaker Rod McLeod will present "What we find behind the names." Everyone is welcome. This is an excellent time for anyone to join the Alberta Genealogical Society, and the Lethbridge Branch. Visit the AGS Lethbridge website, http://lethbridgeags.theboss.net/ for



#### Community Calendar

Fax 403-329-9355; email communitycalendar@ lethbridgeherald.com; mail to Community Calendar, 504 7 St. S., Lethbridge AB T1J 2H1. Notices must be received by 5 p.m. Thursday the week before Sun Times publication.

more details. Join our Facebook page • The Empress Theatre in Fort Macleod will host a double-bill performance featuring Canadian bands Leaf Rapids and Blue Moon Marquee Feb. 20 at 7:30 p.m. Winnipeg-based alternative-folk duo Leaf Rapids features Keri and Devin Latimer (Keri grew up in Lethbridge) while Blue Moon Marquee is a gypsy blues band featuring Cree/Metis guitarist and vocalist A.W. Cardinal and multi-instrumentalist Jasmine Colette. Tickets are \$37.50 each and available at MacleodEmpress.com, by calling 403-553-4404 (toll-free at 1-800-540-9229), or at the Box Office on

• Helen Schuler Nature Centre's Extreme By Nature program for ages 11-15 will continue **Feb. 21** from 1-4 p.m., featuring "Solar Energy. Discover the power of solar energy! Explore different types of energy & build a solar light to take home. Cost \$5 per person. For information or to register, call 403-320-3064.

• Picture Butte Trinity Church will host a play entitled "Amazing Grace - The Story of John Newton" Feb. 21 at 7 p.m

Deanna Storfie from Acting Up Drama will perform the play. Cost is \$10. Tickets can be purchased by phoning Sandra at the Picture Butte Trinity

• Helen Schuler Nature Centre's Junior Naturalists program for ages 6-10 continues **Feb. 22** from 10 a.m.-noon, featuring "Hibernation. Kids discover all that winter in the river valley has to offer through fun activities, crafts and games! Adults must sign children in and pick them up promptly at noon. For more information, call 403-320-3064

 Multiple Myeloma Patient and Caregiver Support Group Meet & Greet will be held **Feb. 22** from 10 a.m.-1:15 p.m. (lunch provided) at McKillop United Church, 2329 15 Ave. S. Please RSVP at contact@myeloma.ca or 1-888-798-5771

• Dueling Pianos Extreme Dinner and Show will take place Feb. 22 at 6 p.m. at the Bow Island Multiplex. Tickets \$50, available at eventbrite.com - Bow Island Dueling Pianos. Featuring rock 'n' roll, country, classic rock, '80s, grunge, reggae, hip hop, blues, jazz and

• The PAW Society will hold its annual pool tournament and silent auction Feb. 23 at Shotz Billiard Club and Lounge, 1120 2 Ave. S. Doors open at noon, tournament begins at 1 p.m. Participants can register at Shotz beforehand or on that day; the registration fee is \$25. Prizes will be awarded, and all proceeds go to charity. If you don't play pool, come and bid on the silent auction items. Donations for the silent auction are greatly appreciated. For further information, call Joan at 403-732-5708

• South Country Jamboree Society will hold a jam session Feb. 23 at 1 p.m at Memorial Hall, Lethbridge Legion (324 Mayor Magrath Drive S.). Supper may be ordered from Great Plate Catering after 3 p.m.

• Lethbridge Senior Citizens Organization will offer "Harmony Tae Kwon-Do" classes (session 2) Mondays and Wednesdays, Feb. 24-April 1 from 1:15-2:15 p.m. at the LSCO. Fee: \$69 for LSCO members, \$96 for non-members. Register by Feb. 21. For more information or to register, call 403-320-2222 or visit www.lethseniors.com.

• Lethbridge Public Library will host Intergenerational Program for Seniors and Children: Ozobots, Feb. 25 at 10 a.m. at the Main Branch. It's a special Stories and Stuff program for seniors and children where you can participate in creative play with robots! This program is presented in partnership with the Chinook Arch Regional Library System.

Lethbridge Family History Centre will offer a free class on Correcting Incorrect Relationships, Feb. 25 from 1-2:30 p.m. at the centre, 1912 10 Ave. S. (downstairs at south door). You may register online for any courses at https://guestlist.co/u/lethbridgefhc or call 403-327-6797.

• A Pancake supper for Shrove Tuesday will be held Feb. 25 from 5-7 p.m. at St. Andrew's Presbyterian Church, 1818 5 Ave. S. Teens/adults \$6, ages 4-12 \$3, 3 and under free

• The Playgoers Club of Lethbridge will hold their Annual General Meeting Feb. 25 at 7 p.m. in the meeting room at Casa, 230 8 St. S Annual membership fees are \$10 and must be paid prior to the meeting in order to be eligible to vote. For more information, please check the Playgoers of Lethbridge Facebook page

• The Lethbridge Historical Society General Meeting and Speaker Series will be held Feb 25 at 7 p.m. in the Community Meeting Room at Lethbridge Public Library (Main Branch).

• Lutheran Church of the Good Shepherd, 2406 11 Ave. S., will hold at Shrove Tuesday Supper Feb. 25 at 5:30 p.m. There will be two Ash Wednesday Services, **Feb. 26** at 1 p.m. and at 7 p.m. Everyone welcome.

• Lethbridge Musical Theatre will hold its Annual General Meeting Feb.

27 at 7 p.m. at the London Drugs Learning Lab (1240 2A Ave. N.) Join LMT to review 2019 and discuss the exciting plans for 2020. Election of board members will take place at the meeting, but nominations WILL NOT be taken from the floor. Those wishing to join the board will need to send their Intention to Serve by email to the secretary at Imt.secretary64@gmail.com. Intentions to Serve must be received no later than Feb. 15 for proper

• Travel Adventures, featuring South America, with Rick Andrews and Carol Leriger, will take place Feb. 28 from 2-3 p.m. at Helen Schuler Nature Centre. Join Carol and Rick as they take you on an adventure to the Peruvian cities of Lima and Cusco, the Inca Sacred Valley to the archeological sites of Chinchero and Ollantaytambo, the Andes Mountains to the Incan citadel of Machu Picchu, and to Iguazu Falls straddling the borders of Argentina and Brazil. Everyone is welcome; admission is by donation. Proceeds will go toward the Growing the Grassroots

> **SUITE FEATURES** Large, bright windows

Kitchen with fridge, stove & oven

Large 3-piece bathroom with built-in storage & walk-in shower

Covered balconies

Storage room Heating control

CONTINUED ON PAGE 5

#### SENIORS, FIND YOUR HOME IN PINCHER CREEK.











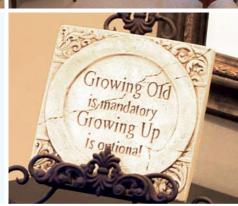
#### **AMENITIES**

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Ask about the 55+, non-service rates, starting at \$850/month. Inclusive rates start at \$1,290/month. Call (403) 627-1997 to book your visit.

#### **CALENDAR**

#### CONTINUED FROM PAGE 4

Endowment Fund, supporting the Helen Schuler Nature Centre. More information and reserved seating available at

#### https://naturecentre.ca/events/.

- Helen Schuler Nature Centre's Junior Naturalists program for ages 6-10 continues Feb. 29 from 10 a.m.-noon, featuring "Hibernation. Kids discover all that winter in the river valley has to offer through fun activities, crafts and games! Adults must sign children in and pick them up promptly at noon. For more information, call 403-320-3064.
- Shaughnessy Community Hall, 133 3 St. in Shaughnessy, will host its monthly Pancake Breakfast **Feb. 29** from 8-11 a.m. Cost \$5
- The Stitch It Forward Society will hold its first 9-Hour Stitch-A-Thon Feb. 29 from 8:30 a.m.-5:30 p.m. at Centre Village Mall. Volunteers can sign up to help for an hour, half a day or for the entire event by visiting volunteersignup.org/CK4AY. They will be teaching people how to make quilts, crochet and other skills that can help people make the items needed. Organizers are also looking for people who can cut, stuff pillows, hand sew, glue, and sit at the registration booth. Requests are being accepted from local organizations for items that can be made for them. Organizations can email Diane at stitchitforwarded@gmail.com or call 403-892-8660 after 5 p.m. to discuss ideas. Donations of fabric, yarn and batting can be dropped off at the mall during the stitch-a-thon.
- L'Arche Association of Lethbridge Second Annual Benefit Dinner and Silent Auction will take place Feb. 29 from 4:30-9 p.m. at the Multicultural Centre, 421 6 Ave. S. Tickets \$100 (includes a \$60 tax receipt). Call 403-328-3735, ext. 4 for tickets.

#### **AGENCY OF THE WEEK**

#### **Womanspace Resource Centre**

For more than 20 years Womanspace Resource Centre has worked for women's political, social and economic equality. They inform, educate and advocate for women in Southern Alberta. Their main activity is providing yearround assistance for filing income tax for low-income woman and their families. In addition to providing



Share your time with the help of Volunteer Lethbridge. Visit www.volunteerlethbridge.com or call 403-332-4320.

information, resources and referrals to women, they work throughout the year with other local agencies to organize events that broaden community and media awareness on a variety of women's issues.

How the community can help:

The Womanspace Resource Centre is looking for volunteers interested in helping out with income tax preparation for low-income women. Potential volunteers should possess basic

computer skills along with a willingness to learn about the income tax system and its importance to low-income individuals. Training and software is provided and only straightforward tax situations are dealt with Womanspace volunteers are expected to behave with professionalism and to treat other volunteers, workers and clients with kindness and respect. The tax clinic runs every Thursday afternoon in their downtown location. If this interests you, email your resume to office@womanspace.ca or call 403-329-8338.

**NEXT HOME GAMES** 

**FEBRUARY 19** 

#### • Lethbridge Public Library will host Indigenous Art Club Feb. 29 at 11 a.m. at the Main Branch, Piitoyiss. Join us at the Main Branch for a relaxing

····· LIFE & STYLE ···

- time and create your own unique piece of art using mixed medium
- Shaughnessy Community Hall, 133 3 St. in Shaughnessy, will host the next association meeting **Feb. 29** at 11 a.m. For more details, call Call Dorothy, 403-381-3589, or Gerrie-Mae, 403-381-3847.
- The Canadian Federation of University Women International's Women's Day 2020 event, "Not All Women: Who is still missing from will be held **Feb. 29** from 1-3 p.m. at McKillop United Church, 2329 15 Ave. S. Speaker: Lisa Lambert, a political scientist and sessional instructor at the University of Lethbridge. Everyone is welcome
- Picture Butte Elks Lodge #268 will hold its annual Prairie Oyster Feed Feb. 29 at the Elks Hall, 12 4 St. S. in Picture Butte. Doors open at 5 p.m., supper at 6 p.m. Tickets at the door, \$30. For more information, phone 403-892-6820
- The Leap of Faith Dessert Night, in support of the Elim Society for Senior Citizens Care of Lethbridge, will take place Feb. 29 at 7 p.m. at Elim Village, Grand Hall, 275 Lettice Perry Rd. N, featuring a wonderful evening of desserts, music and drama in a celebration of faith and hope. For more information call 4039422672 or visit our website at

#### https://elimlethbridge.org/event/elim-dessert-night/

- Leaders of Tomorrow is an inspiring gala that celebrates youth, ages 5 to 24, who have made contributions to Lethbridge and surrounding areas through volunteer activity. Nominations are now open. Volunteer Lethbridge invites individuals, community groups, local businesses, educational institutions, and volunteer organizations to nominate any young person that has demonstrated the spirit of volunteerism and inspired others. Forms can be found on the Volunteer Lethbridge website at www.volunteerlethbridge.com or picked up in office Nomination deadline is March 1 with the gala event on April 22 during National Volunteer Week. Contact Chelsea at 403-332-4320 or email communications@volunteerlethbridge.com for more information
- Lethbridge Soup Kitchen's second annual sponsored walk will take place March 1 from 2-4 p.m. at Henderson Lake. If anyone wishes to walk please register at the LSK by phoning Bill Ginther (executive director) at 403 320-8688 or via email at lethbridgesoupkitchen@gmail.com. Sponsorship forms can be emailed to anyone. All funds raised at this walk will go to the LSK general operating funds. After the walk, the LSK will be serving soup and prizes will be awarded for various categories.
- First Baptist Church will host its annual Adult Retreat March 2-3 with the theme "Oh, the Places You've Been! Oh, the Places You'll Go!" Runs daily from 9:30 a.m.-3 p.m. Includes lunch and snacks. Sessions for your mind, body and soul by Darrel Janz, Dr. Sayeh Zielke, Cst. Jamie Kenyon, Gord Hunt, Matt Groenheide, Colleen Klassen and Mark Archibald. Register by email, info@firstb.net, or phone 403-327-2082
- Lethbridge Senior Citizens Organization will offer "Circuit Training 3X" (session 3) Mondays, Wednesdays and Thursdays, March 2-26 from 2:40-3:40 p.m. at the LSCO. Fee: \$55 for LSCO members, \$90 for non-members. Register by Feb. 28. For more information or to register, call 403-320-2222 or visit www.lethseniors.com.
- The 11th Annual Gluten- and Dairy-Free Dinner will take place March 3 at the Garden Court Restaurant at Lethbridge College Cocktails at 6 p.m., four-course dinner at 6:30 p.m. (includes glass of wine/beverage). Hosted by the Lethbridge branch of the Calgary Celiac Association Chapter and the Lethbridge College Culinary Careers Program. Tickets \$44 including GST (children \$25), available until noon **Feb. 27** at Nutter's Bulk and Natural Foods and by calling the college at 403-320-3230. Opportunity to win a door prize from one of the numerous supportive local businesses.
- St. Francis Junior High School's production of "Frozen Jr.," based on the Disney movie, will take place starting March 5. Show dates are: March 5 - 7 pm; March 6 - 7 pm; March 7 - 2 & 7 pm; March 8 - 2

pm; March 10 - 7 pm; March 11 - 7 pm; March 12 - 7 pm; March 13 pm; March 14 - 2 & 7 pm; and March 15 - 2 pm. More details online at https://sfjh.holyspirit.ab.ca/co-

\_curricular/performing\_arts/musical

- World Day of Prayer Ecumenical Worship Service will be held March 6 at 7 p.m. at Coaldale Mennonite Church, 2316 17 St. in Coaldale. Featured country this year is Zimbabwe. Organized by Coaldale Mennonite, St. Ambrose Catholic, Coaldale United, Anglican and Mennonite Brethren Churches.
- Catholic Central High School's production of "Matilda" will take place starting March 6, about a precocious five-year-old who can move things with her mind. Show dates are: March 6 - 7:30 pm; March 7 -1:30 pm 7:30 pm; **March 8** - 1:30 pm; **March 10** - 7:30 pm; **March 11** - 7:30 pm; **March 12** - 7:30 pm; **March 13** - 7:30 pm and **March 14** -1:30 & 7:30 pm. Order tickets online at https://cch.holyspirit.ab.ca/academics/fine\_arts/musical\_theatre/

matilda.

- The Lethbridge Community Gold Band will celebrate International Women's Day with a concert March 7 at 7 p.m. at College Drive Community Church, showcasing local, regional and national talent from the wind band tradition. The performance will include guests Gillian MacKay, Cait Nishimura and LCI Gold Symphonic Band. Joining MacKay and Nishimura on the podium are local women conductors Tanya Arnold, Karly Lewis and Karen van de Vendel. Tickets are available online at **Icbs.ca**, at Casa and at the door.
- The Annual Order of the Eastern Star Spring Tea will be held March 21 from 11 a.m.-1 p.m. at St. Andrew's Church Hall, 1818 5 Ave. S. Wheelchair accessible. Lunch includes gluten-free items. Door prize, bake table, theme baskets and vendors with unique items. Tickets \$10 (pay at the door). Proceeds suport the Alzheimer Society of Alberta, Alberta Caregivers Association and Service Dogs
- Lethbridge & District Music & Speech Arts Festival will take place March 23-April 4 at various venues across the city. Help celebrate the landmark 90th annual festival and sample some of the amazing talent in our city. Stay tuned to the website (http://lethmsf.org) and Facebook page (https://www.facebook.com/LDKMSAF) for the latest information
- Musical Theatre Showcase Concert will take place March 28 at 2:30 p.m. at Yates Memorial Theatre (1002 4 Ave. S.). Join the Lethbridge & District Music & Speech Arts Festival as they present the 2020 Musical Theatre Showcase Concert.
- 16th annual Wood's Homes Children's Benefit Gala will be held March 28 at 5:30 p.m. at the Coast Hotel Lethbridge, in support of the emergency youth shelter, The CORE. This 8-bed facility provides youth under the age of 18 with a bed, 3 meals a day, laundry facilities, showers, clothing and crisis counselling and support services. This year's gala includes a musical performance of "Frozen" by students of St. Francis Middle School, a streamlined check-in, a condensed program, an amazing meal sponsored by College Ford Lincoln, "back-to-paper" silent and live auctions and entertainment by The Chevelles. The gala is presented by Matt and Catherine Furukawa along with College Ford Lincoln. For tickets and sponsorship opportunities, contact Coleen Campbell at 403-317-1777, coleen.campbell@woodshomes.ca or visit woodshomes.ca.
- Lethbridge & District Music & Speech Arts Festival 90th Anniversary Gala Concert will take place March 29 at 1:30 p.m. at the Yates Memorial Theatre. Featuring special performances by members of the 2020 Adjudication Panel, Opera Alumni Ensemble, High School Honour Choir, High School Jazz Ensemble, and Speech Performances. A light cocktail

CONTINUED ON PAGE 8

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#### Grey Cup stolen ... first recording device ... jet program scrapped

On this date:

In 1881, the Canadian Pacific Railway was incorporated. In 1937, nylon was patented by a du Pont research team neaded by Dr. Wallace Carothers.

In 1949, the House of Commons passed the Newfoundland Union Act by a vote of 140-47. Newfoundland officially joined Canada on March 31, 1949.

In 1970, Toronto police recovered the Grey Cup from a downtown hotel locker room after an anonymous tip. The CFL championship trophy had been stolen two months earlier from the Ottawa Rough Riders' trophy room.

In 1867, English chocolate maker William

Cadbury was born.

In 1876, Julius Wolff of Eastport, Maine, became the first person to can sardines. In 1965, Prime Minister Lester Pearson

announced that old-age pensions would be made payable at age 65 instead of 70, with the change to be phased in over five years.

In 2000, the federal government scrapped the \$1,000 bill, saying it was used mainly for money-laundering.

In 2014, Jimmy Fallon made his debut as host of NBC's The Tonight Show."

In 1685, French explorer Rene-Robert La Salle established the first settlement in what would become the

In 1930, photographic evidence of Pluto (now designated a "dwarf planet") was discovered by Clyde W. Tombaugh at Lowell Observatory in Flagstaff, Ariz.

In 1953, Lucille Ball and Desi Arnaz signed the most lucrative TV contract to date — three years of "I Love Lucy" for \$8 million.

In 1995, Russian President Boris Yeltsin banned alcohol and tobacco advertising in an effort to reduce the country's death and illness rates.

In 1878, Thomas Edison was issued a U.S. patent for his phonograph, less than two months after he applied. In the autumn of 1877, Edison had successfully tested a crude cylinder phonograph that recorded his voice on a piece of tinfoil wrapped around a cylinder. He had shouted into the mouthpiece of the instrument the nursery rhyme "Mary Had a Little Lamb." When he played back the recording, and a recognizable reproduction of his voice emerged, Edison was quoted as saying: "I was never so taken aback

In 1960, Queen Elizabeth became the first reigning British monarch in more than a century to have a baby, Prince Andrew.

In 1974, the National Hockey League and World Hockey Association reached an out-of-court settlement in their litigation. The agreement, signed in Philadelphia, struck down the NHL's reserve clause, which bound a player to a team for life unless he was traded or released.

In 1906, an appeal court upheld the conviction of a Woodstock, Ont., woman on a charge of practising voodoo.

In 1945, the federal government issued Canada's first family allowance cheques.

In 1959, Prime Minister John Diefenbaker cancelled the Avro Arrow jet program. The decision resulted in the layoff of nearly 14,000 people at the Avro plant at Malton, Ont. Developed by A.V. Roe Canada Ltd. (commonly known as Avro Canada), the Arrow (also known as the CF-105) was an advanced, all-weather supersonic interceptor jet.

În 1962, astronaut John Glenn became the first American to orbit Earth after blasting off aboard the "Friendship 7" Mercury capsule. He completed three

orbits.

this week

IN HISTORY

#### Feb. 21

In 1878, the first telephone directory was issued, in New Haven, Conn. It listed 58 names.

In 1941, Sir Frederick Banting died at age 49 in an airplane crash in Newfoundland while heading to England on a wartime medical mission. Banting shared the 1923 Nobel Prize in medicine for a University of Toronto team's discovery of insulin to treat diabetes.

In 1947, American inventor Edwin Land demonstrated his Polaroid Land camera, which produced a black-andwhite picture in 60 seconds. A colour process hit the market in 1963.

#### Feb. 22

In 1630, colonists in America got their first taste of

In 1879, Frank Winfield Woolworth opened a five-cent store in Utica, N.Y. The store failed. A few months later, he opened a five-and-dime store in Lancaster, Pa. — the first in an international chain.

In 1959, the inaugural Daytona 500 race was held in Daytona Beach, Fla. Although Johnny Beauchamp was initially declared the winner, the victory was later awarded to Lee Petty, the father of Richard Petty, who went on to become one of the best stock car racers of all time.

In 1980, one of the greatest upsets in hockey history took place at the Lake Placid Olympics. Known as "The Miracle on Ice," the United States shocked the heavily-favoured Soviet Union 4-3 in a medal-round game. The seventhseeded Americans went on to beat Finland 4-2 two days later to claim only their second Olympic hockey title.

#### EDITORIAL: An opinion

## Alberta nurses strike brewing?

ost people know that open flame and gunpowder is a combination that can have explosive results, so they seek to avoid such

But in a situation the head of the United Nurses of Alberta calls "a powder keg," the UCP government is playing with fire by making contract demands that could push Alberta's nurses toward the sector's first strike in 32

UNA president Heather Smith acknowledges the "S" word is being bandied about. While noting that any such decision will be up to the rank-and-file members, "... I do know that it is a subject of a lot of conversations in workplaces," she told the Canadian Press.

Smith suggested the bargaining circumstances are similar to the strike year of 1988.

The last time I saw the magnitude of rollbacks tabled by an employer with us was in fact the 1988 round of bargaining," Smith said.

In this round of bargaining, the UNA says the Alberta government is proposing no wage increases over the next four years, as well as reductions to overtime, holiday and premium pay. The proposal also calls for reductions in worker scheduling rights and benefits, including eliminating designated rest days for part-time workers.

The UNA, representing 29,000 nurses, is countering with two-per-cent wage increases in each of the first two years, among other changes.

The province appears to be basing its contract demands on recommendations from an Ernst & Young report looking at ways to improve efficiency in Alberta's health-delivery system. The report points out that registered nurses in the province earn about seven per cent more than the Canadian average, and that by working extra shifts and earning premium pay, they are able to earn substantially more. But Smith notes that salaries in many professions in Alberta are higher than the

The UCP government has given Alberta Health Services until mid-May to respond with a plan to implement the

Smith admits there remains work to be done in the area of part-time workers, and Health Minister Tyler Shandro acknowledges there's work to do from the province's end as well. You can bet neither side wants the contract wrangling to result in a strike, and, of course, the public doesn't want a strike either, since ordinary citizens will feel the fallout of a walkout by nurses, too.

In 1988, nurses walked off the job on Jan. 25 in spite of the fact that it was an illegal strike because, after the previous hospital strike in 1982, the province had removed the legal right of hospital nurses to take strike

That didn't stop the nurses from striking for 19 days, however, and by the time they returned on Feb. 13, they had racked up more than \$425,000 in fines for criminal contempt of court. The fines were paid with the help of donations from individuals and other unions.

The UNA website states: "The 1988 strike set the stage for UNA to make significant gains for nurses in the 1990 contract negotiations. This strike helped define UNA members as a force that would not hesitate take a stand for positive change in our health-care system."

Let's hope this present round of bargaining between the nurses and the provincial government doesn't lead to strike action. Let's hope the nurses and the government can work things out to the satisfaction of both sides so our front-line health-care providers are treated fairly and the province is able to trim legitimate inefficiencies from the

If that can be accomplished, it will be a win-win-win situation, with Albertans sharing in the positive outcome. A strike, on the other hand, would be a lose-lose-lose scenario. It would hurt everyone involved, including ordinary Albertans who count on the health-care system to provide the care they need when they need it.



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#### THE ARTS

## Eclectic mix on local entertainment schedule

t's another eclectic week in Lethbridge. But first, after a weird, cold, windy winter, it's time to look forward to summer and all of the music festivals happening. The first one up is the ATB Financial Lethbridge Rotary Dragon Boat Festival, happening June 26-28. Val McQuaid is looking for local artists to perform during this popular weekend in Ĥenderson Lake Park. Ŝend your

entertainment@lethbridgedragonfest.ca. Maggie Hall is also looking for bands, duos and soloists to perform at her seventh annual Alzheimer's Fundraiser, taking place April 18 at Honker's Pub. She can be reached through Lethbridge Musicians or her Facebook page. or

maggieeventsmanager@gmail.com. Things begin with this week with the Jazz jam at the Owl Acoustic Lounge a with HBO3 at the special early start time of 8:45 p.m. Wednesday, Feb. 19.

New roots country band The Dark Wrangler host this week's open mic at the

If you missed them at the Slice on Feb. 14, get funky with Adequate at the Owl Acoustic Lounge, Feb. 21.

Things rock Edmonton style at the Slice, Feb. 21 where punk bands Loser Points and Reifer Madness plus local punk rockers the hockey Moms will be moshing the night away. Admission is \$10. The music begins at 9 p.m.

You can rock '90s style at Casino Lethbridge with Uncovered, who will be playing your favourites on Friday and

Or else, get ready to laugh with Roast Battle at Good Times where Connor Christmas will be defending his title of Roast Master beginning at 9:30 p.m.

You can also laugh the next night at Didi's Playhaus, Feb. 22, as Impromptu present "I Put the SING in Single," featuring the talents of David Gabert, Ashley Thomson, Nicola Elson, Jonny Kirch, Alex Yanko and musical guest Cole Olson. The fun begins at 9 p.m. Admission

It is only one of the fun things happening on the weekend.

The International Peace Powwow kicks off at thew Enmax Centre at 10 a.m., Saturday, Feb. 22. And continues on Sunday, Feb. 23.

Local folk/roots musician Tyson Ray Borsboom releases his new CD at the Owl Acoustic Lounge Feb. 23 with special guest

Red Deer power trio King Bull return to the Slice stage with local punk/psychedelic surf band Chief Mountain, Feb. 22. The show begins at 9

The end of February rocks Newfoundland style, Tuesday, Feb. 25. Great Big Sea's Alan Doyle brings his Rough Style Out Tour to the Yates theatre with special guest Kelly Prescott.

Doyle is touring in support of his new CD "Rough Side Out," while Prescott has just released her new EP "Love Wins" and the new single "Church"

Tickets are \$69. The music begins at 8

And because it is the end of the month,

the Owi Acoustic Lounge leatures their monthly comedy open mic on Wednesday, Feb. 26. They have a busy Thursday, Feb.



27, as Teri Pez hosts the poetry open mic at 7 p.m. After that, Red Deer's Boots and the Hoots and Golden-based roots duo broken Brothers a.k.a. Benjamin Caldwell and Eric Laroque will be performing. Admission is by donation.

The Slice rocks out February with a pair of heavy-hitting shows. Red Deer-based art rock/power pop group Pits Planet Earth play the Slice, Feb. 28 with local alternative rock band MTBC beginning at

The Slice leaps into the leap year with local Led Zeppelin tribute Tangerine

The Owl Acoustic Lounge gets funky for the end of February with Calgary soul/funk band God Spilt the Milk and hot local bands, retro rockers the Cayley and independent alt rock band 21st Avenue beginning at 9 p.m. Admission is by donation.

Jay Bowcott's rock trio Rooks return to the Owl Acoustic Lounge Feb. 29 as well.

The Geomatic Attic brings back Calgary folk rock band Reuben and the Dark to Southminster United Church, Feb. 29. Tickets are \$36.50. As usual, the show

That will be a busy corner of the city as across the street, Ammena Dance company's Explosion of World Dance returns to the Yates Theatre beginning at 7:30 p.m. Tickets are \$31 for adults, \$26 for for children. Right next door in the Sterndale Bennett Theatre, Theatre Outré presents the Quaint, Quirky and Queer Cabaret, a rebranded Pretty, Witty and Gay variety show. It begins at 8 p.m. Tickets are \$25 in advance, \$30 at the door.

Across town, the Elim Seniors Society has a special fundraiser for their Seniors Independent Living Facilities.

The Leap of Faith Dessert night features dessert and live entertainment from Deanna Storfie from Acting Up Drama and Nathalie Snijder from McGill performing and Arts. The fun is 7-9 p.m. Tickets are \$45. The show is in the Grand Hall (275 Lettice Perry Road North)

Last, but not least, Dory Rossiter's classic rock and pop band Horizon wind up the month at Casino Lethbridge, Feb. 28 and 29 at 8 p.m. each night.

February is also all about plays. The university just finished their run of "Blood: A Scientific Romance." That's just in time for Playgoers of Lethbridge to bring Sean Devine's drama "Daisy" to the Sterndale Bennett Theatre, Feb. 19-22. It is the story of the ad agency behind the infamous "Daisy" attack ad during the Johnson/Goldwater election of 1964. The play features an outstanding cast including University of Lethbridge students, community members and a few familiar faces from Shakespeare in the park's production of "Macbeth.

Doors open at 7 p.m. for the play, which runs Feb. 19-22. Tickets cost \$25.

After that Theatre Outré presents a coproduction with Calgary's Safe Theatre of Bryden MacDonald's "Whale Riding Weather." It is the generation spanning story of a love triangle between three gay men in their 60s, 40s and 20s

It stars Marek Czuma, Allister MacDonald and Theatre Outré artistic director Jay Whitehead.

It runs in Calgary, Feb. 18-22, then in Lethbridge at Didi's Playhaus, Feb. 24-28.

"It's about a couple who have been together for 15 years. The older man is starting to decline mentally and his partner is being a caregiver, but he's starting to check out until a younger man comes into his life who is excited and full of life," summarized Whitehead, who plays the man in his 40s. Gail Hanrahan is directing the production. The show will be at 8 p.m. each night in Didi's Play haus during the Lethbridge run.

Tickets are available online at theatreoutre.tickit.ca.

Ottawa-based country musician Kelly Prescott is excited to play Lethbridge with Great Big Sea's Alan Doyle, Feb. 25 at the Yates Sterndale Bennett Theatre.

"I've never actually played a venue in Lethbridge," said Prescott, from her home in Ottawa, noting she has played on the Holiday Train when it has stopped in Lethbridge.

She will be playing her 30-minute opening set for Alan Doyle as a duo.

"The tour is being split. Usually I play with my guitarist and my partner (Chad Murphy). He's one of my wonderful Newfoundlanders. But he's also Meghan Patrick's band leader and lead guitarist, so he's on tour with her. So I'll be playing the first half of the tour with a phenomenal guitarist from Calgary, Mitch Jay. Chad will be joining me in March," she said, adding she is excited about her new EP "Love Wins, which will be released, Feb. 21. The first single "Church" was released on Feb.

14.
"I'm really excited about it. I love old country music. I grew up listening to classic country," she said, adding she likes Loretta Lynn, Dolly Parton and Ray Price,"

"Though this CD isn"t quite like Dolly,"

"Over the past four years, I went through a divorce and fell in love again. So the album is about that. This EP has six songs. It's a lot slower," she said, adding she recorded 13 songs during that session. "The other songs are a little more upbeat, but they didn't fit in with the album."

"My set will be mostly the EP, though I'll play a few of my older songs. But I have a pretty good sense of humour so people don't cry for the whole 30 minutes," she laughed, adding she is looking forward to sharing a stage with Alan Doyle.

"I'm really excited and blessed to have been asked I to open the tour with him. I've never played with him before," she said, adding she has shared the Holiday Train with him before.

Doyle's Rough Side Out Tour with Kelly Prescott stops by the Yates-Sterndale Bennett Theatre, Tuesday, Feb. 25 at 8 p.m. Tickets are \$69.

Feb. 19 open mic Owl Acoustic Lounge — Jazz jam with

Slice—open mic with the Dark Wrangler

Slice — Loser Points with Riefer Madness and Hockey Moms

Casino Lethbridge — Uncovered Owl Acoustic Lounge — Adequate with

the Funk Phenomenorm Honker's Pub — open mic Good Times — Roast Battle

Casino Lethbridge — Uncovered

The Slice — King Bull with Chief Mountain

Owl Acoustic Lounge — Tyson Ray Borsboom with Kevin Giron Honker's Pub — open mic Enmax Centre — International Peace

Didi's Playhaus — Drunk Improv 

Enmax Centre — International Peace

Powwow

Owl Acoustic Lounge — open mic

Onion — open mic Feb. 25

Yates Theatre — Alan Doyle and Kelly Prescott

Good Times — comedy open mic

Beaches — open mic Owl Acoustic Lounge — Comedy open

Slice — open mic with Devin Gergel

Owl Acoustic Lounge — Poetry open mic 7 p.m., Boots and the Hoots with **Broken Brothers** Feb. 28

Casino Lethbridge — Horizon Owl Acoustic Lounge — God Spilt the Milk, the Cayley, 21st Avenue The Slice — Pits Planet Earth, MTBC

Honker's Pub — open mic Coleman Grand Union — Andi Roberts

Casino Lethbridge — Horizon Average Joe's — Rock Your Youth fundraiser

Casino Lethbridge — Horizon Southminster United Church — Reuben and The Dark

Casino Lethbridge — Horizon The Slice — Tangerine Led Zeppelin

Owl Acoustic Lounge — 3 p.m. LMT Broadway open mic: 9 p.m Rooks (Jay Bowcott and guests)

Honker's Pub — afternoon open mic Grand Hall (275 Lettice Perry Road North) — Elim fundraiser with Deanna Storfie (Acting Up Drama) and Nathalie Snijder, with McGill Boulevard Music &

Yates Theatre — Explosion of World Dance 7:30 p.,m. \$31 adults, \$26 children Sterndale Bennett Theatre — Quirky and Queer cabaret

March 2

Owl Acoustic Lounge — open mic March 3

Good Times — comedy open mic March 4

March 5

Slice — open mic

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#### ····· SUN TIMES ·····

#### **CALENDAR**

#### CONTINUED FROM PAGE 5

reception will follow in the Sterndale Bennett Theatre. Tickets are \$20 and available in person at the Enmax or Yates Ticket Centres and online (enmaxcentre.ca). Children 7 and under are free when accompanied by a paying adult. For more information, visit the website

(**http://lethmsf.org**) and Facebook page (https://www.facebook.com/LDKMSAF) • The Stars of the Festival Concert will take place

April 4 at 2:30 p.m. at the Yates Memorial Theatre. Join the Lethbridge & District Music & Speech Arts Festival as they present the stars of this year's festival For more information, visit the website

(**http://lethmsf.org**) and Facebook page (https://www.facebook.com/LDKMSAF)

 The 8th Annual Colour Fun Run, presented by Volunteer Lethbridge in partnership with the University of Lethbridge, will take place April 5 at the U of L campus. The colourful family-friendly 5k walk/run is for charity, with all proceeds raised going to support Volunteer Lethbridge's community

building programs and services. To purchase tickets, visit www.volunteerlethbridge.com and click on the Colour Fun Run banner. For exciting volunteer opportunities at this event, call Chelsea at 403-332-4320 or email:

communications@volunteerlethbridge.com • Are you interested in writing? Join the River

- Bottom Writers every second and fourth Thursday at 6:45 p.m. in the Richardson Oilseed Room at Lethbridge College. All genre writers are welcome sci-fi, fantasy, non-fiction, biographical, romance, etc.
- Do you want to learn to work with glass? Visit the Lethbridge Society of Glass Artisans website at www.lsga.ca for course offerings. The group holds monthly meetings on the fourth Saturday of the month from 10 a.m.-noon at McNally Community Centre, from Sept.-May.
- Lethbridge Legal Guidance, a non-profit society offering free legal advice to low-income southern Albertans, holds clinics Tuesdays from 5-7 p.m. by appointment only. Call and speak with an Intake Officer to determine eligibility for services. Some of the areas the society assists in include but are not limited to: family, civil, criminal, traffic, employment, residential tenancy, immigration, AISH, EI and social assistance

issues. For more information, call 403-380-6338 or email to info@lethbridgelegalguidance.com.

- Pop in Lots with Moms and Tots, a group for moms and tots (dads, grandparents and child-minders, too) meets Tuesdays, Wednesdays and Fridays from 10 a.m.-noon at River of Life Community Church, 2820 18 Ave. N. Enjoy coffee and conversation while letting your kids play. Details: Phone 403-320-2005.
- Southern Alberta Antique and Classic Automobile Club (SAACAC) meets at 7:15 p.m. the first Tuesday of every month, except July and August, at the Lethbridge Legion, 324 Mayor Magrath Drive S. (northeast door). The public is welcome to attend.
- The Sons of Norway, dedicated to preserving and promoting the Norwegian heritage in Lethbridge, meets the third Wednesday of the month for dinner, socializing and organization of activities. Anyone interested in learning more about the Sons of Norway can call Hans Isele at 403-328-0753.
- Adult Children of Alcoholics and/or Dysfunctional Families meet Thursdays, 7:30 p.m., 408 13 St. N. Details: Ann, 403-382-9925, or Shannon, 403-315-3482
- Do you, or someone you know, have a gambling problem which is causing havoc in your life and relationships? If so, you're welcome to attend weekly meetings of Gamblers Anonymous, held Tuesdays at 7 p.m. and Thursdays at 6 p.m. at 408 13 St. N. (front entrance). For more information call 403-331-0822.
- West Wind Gymnastics Club offers drop-in fun on Saturdays from 2-4 p.m. It's a great opportunity to practise your gymnastic skills in a friendly, supervised environment. Age 5 and under \$6 and must be accompanied by an adult; 6 and older \$12. Address is 1014 3 Ave. N. across from Service Canada. For more information, call 403-320-1373.

• Roving Gyms are free, inclusive, indoor play spaces for children five and under and their parents or caregivers. The Roving Gyms program nurtures physical literacy, the love of movement, and provides an environment for families to connect. They take place every Tuesday morning, Tuesday evening and some Saturday mornings in different locations all over the city. It is a free program but we ask parents to register as space is limited. Registration link, dates and locations, and the most up to date information can be found at https://lethbridgesportcouncil.ca/roving**gyms** or by calling 403-320-9371.

 The Chinook Society for Recovering Addicts, a not-for-profit registered society with charitable status, makes its renovated facility at 408 13 St. N. available as a meeting room space to 12-step groups as well as other groups or organizations. Each of the three available rooms includes tables, chairs, commercial coffee maker and sink. There is a centrally located locker room for group supplies as well as central men's and women's washrooms. The facility has central HVAC, is smoke free and wheelchair accessible. Rate per meeting room is \$80 per month or \$20 per meeting. For details, contact Allan at 403-381-8272 (If no answer, please leave a message) or email chinooksociety@gmail.com.

• "The Core," Wood's Homes Emergency Youth

Shelter in Lethbridge, supports families struggling with parent-adolescent conflict by providing crisis support and sometimes, a needed break from each other. The shelter is open from 5 p.m. to 8:30 a.m. every day, 365 days a year. Wood's Homes also offers walk-in support, professional counselling, referrals and Housing First supports throughout the day. For help, call 403-317-1777 (during the day) or 1-800-563-6106 (24/7); text 587-315-5000; LiveChat at woodshomes.ca.

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#### **BRIEFS**

CONTINUED FROM PAGE 2

"We understand there is construction happening out there every day," he states. "People are going to be doing work without permits. We generally catch them at a later date, but voluntary compliance is a struggle with us all the time. No matter what phase of the construction."

To that end, Clump consulted with local firms which specialize in asbestos removal and abatement last September to see if there was anything the City could do differently in its bylaws or building permits.

"From a legislative point of view we can't do much of anything," he admits. "We (at building inspection services) don't have any legislation based on asbestos abatement under the (Safety Codes) act."

That is not to say the talks weren't constructive in other ways, says Crump.

The City has been able to tidy up its demolition permit application forms to raise greater awareness of the risks of asbestos, and also the contractor's or property owner's responsibilities regarding safe removal and disposal found within provincial occupational health and safety regulations.

#### Man killed in Blairmore

A man is dead following a police shooting last Tuesday in Blairmore.

At about 5 p.m. two RCMP officers responding to a call for service tried to stop a vehicle in the parking lot of the Home Hardware store in Blairmore.

A confrontation with the driver ensued, during which the officers fired their guns. The vehicle travelled a short distance and then drove into a ditch.

When the vehicle came to rest, RCMP members determined the occupant of the vehicle had sustained gunshot wounds.

RCMP provided first aid until the arrival of EMS, who pronounced the man dead on scene.

The director of law enforcement has been notified and ASIRT, the Alberta Serious Incident Response Team, has been directed to investigate the circumstances surrounding the officer-involved shooting and the actions of police. The RCMP will also continue to investigate the events leading up to the confrontation with police.

ASIRT investigators are asking anyone who witnessed this incident or may have photos or video to call ASIRT at 403-592-

#### **Sport shooting popular**

Shooting-sport enthusiasts from all over southern Alberta joined together for the annual Gun Show, to look through and discuss guns, accessories and the sport of

Over the weekend, the Southern Alberta Riflemen Association invited the shooting community out to trade, sell, and buy a variety of items to get them set up for the new season.

"The Gun Show is a venue for people to purchase or sell firearms, have a look at some of the other technology in terms of reloading, ammunition and gun collection, all aspects of shooting sports," says Allan Jones, President of Southern Alberta Riflemen Association.

'Shooting sports have become very strong in southern Alberta, and as a result of that, more young people are getting

CONTINUED ON PAGE 9



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#### **BRIEFS**

CONTINUED FROM PAGE 8

"We sponsor a lot of youth oriented shooting organizations and that is what we do from the profit of this show, but all aspects of shooting sports are alive and it shows at this show."

With a variety of rifles, pistols, hunting and fishing items, people were also able to shop through all of their other needed supplies for sport and hunting such as knives, ammunition, reloading supplies, scopes, archery and antique collectables. Everything that goes in and out of the Gun Show event is regulated and monitored, so that there is no problem or association with illegal gun trade.

"Everything is regulated at every door so that this isn't an exchange of illegal firearms, there is a commissioner and people from the club who watch everything come and everything go," says Jones. "We have very strong regulations about who comes in and who comes out, everybody is under scrutiny every time, but we have never had any issues with the show.'

#### U of L gets donation

The University of Lethbridge welcomed the donation of a massive black walnut and stainless steel boardroom table from locally-based Millwork Innovations 3 during a special media event on Feb. 7.

The entire table weighs around a tonne and has two stainless-steel legs, each weighing around 300 kilograms, and is an accent feature of the U of L Science Commons 9th floor floating meeting

"Each leg was craned up from the atrium below, explained Willy Reger, president of MI3. "The top is black walnut with a clear finish and solid-wood nosing all around, with the stainless-steel legs protruding through the

Reger said it was his company's way of giving back to the U of L after enjoying a great partnership with the institution for many years.

"We do a lot of work with the university and we have built a fantastic relationship over the years," said Reger. "For us, it's important to say thank you for the relationship we have had and will continue to have in the future.'

The U of L also values its ongoing partnership with MI3, said university spokesperson Jackie Rice, associate dean for the Faculty of Arts and Science, and was thankful for the one-of-a-kind

#### LC hosts open house

Lethbridge College opened its campus doors Feb. 8 to welcome thousands of future students and their families to explore all of the different program options at their annual Open House event.

Throughout the day, people were able to familiarize themselves with all of their program fields, through interactive activities found in the program, speaking with instructors and faculty for what to expect, as well as campus tours to get to know what the campus is

"Our Open House is an awesome opportunity for students to just come down to campus and see what Lethbridge College is all about," says Meaghan Welby, Lethbridge College recruiter. "We have over 55 of our different program areas on display right now, so students can feel free to start conversations with faculty and instructors, get to know what actually happens in our programs, take a campus tour and see what it looks like, and it is a really good day to get a good feel to what it is like to be a student on campus.'

Open House events are becoming more common at educational institutions, as many different career paths can clutter the

minds of people trying to figure out what they would like to do in the future. The Open House breaks down some barriers as they lay out all of the programs and give people an opportunity to ask the questions needed to make their decision.

"I remember when I was growing up and going to high school, there was no such thing as an Open House, there was no opportunity to actually get onto campus and get to know what it is like and what kind of careers exist out there," says Welby. "So for those who are in grade 10, 11 and 12, this is a really good opportunity to take charge of your future and get to know what it takes and what is out there for you when opportunities exist."

#### Trial adjourned until March

A court hearing to determine whether convicted sex offender Trevor Philip Pritchard should be designated a dangerous offender has been adjourned until next month.

CONTINUED ON PAGE 10





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#### NEWS •

#### **BRIEFS**

CONTINUED FROM PAGE 9

The hearing, which is scheduled to run a total of three weeks, was adjourned Friday after hearing evidence from nine Crown witnesses over several days. It's scheduled to continue March 23, and the Crown will conclude its case a week later, after calling another 11 witnesses. Defence will then begin presenting its case.

If designated a dangerous offender, Pritchard would receive an indeterminate term of imprisonment without

parole eligibility for seven years.

Pritchard, who has convictions for sexually assaulting underage girls in 2004, 2009 and 2010, pleaded guilty in 2018 to sexual assault and child luring in relation to one girl. He was sentenced last February to six and a half years in a federal penitentiary.

Court was told Pritchard carefully planned the assault and, using Facebook, carefully groomed the girl to trust him over several months before he finally took her to his



#### **CORRECTION NOTICE**

In the circular beginning Friday, February 14, 2020, the product description of "Artist's Loft® Oil Paint" on page 2 is incorrect. The correct description is "Artist's Oil Paint & Brushes", which is inclusive of brands other than just Artist's Loft®.

In addition, the product images for the buy two get one free Artist's Oil Paint & Brushes incorrectly show acrylic paints. The correct images should have reflected what is on sale, Artist's Oil Paint & Brushes.

We apologize for any inconvenience this may have caused.

house — under the pretense of giving her a job — and forced her into various sex acts. He then drove her home and threatened to kill her if she told anyone.

He was also found guilty in January 2019 following a trial on charges of sexual assault, luring and possession of child pornography in relation to other girls. Sentencing on those charges was adjourned pending the outcome of the dangerous-offender hearing.

#### **Awards presented**

Over the Feb. 8 weekend, the Building Industry & Land Development Association (BILD) Lethbridge Region hosted its 21st annual Awards of Excellence in Housing and presented 30 awards to partners with top performances in the industry.

The Awards of Excellence in Housing celebrates the achievement of BILD Lethbridge Region members that continue to advance the goals of the residential construction industry and who offer quality, affordability and choice of housing in well-planned communities. Some of the awards given out throughout the evening include Best Development, Custom Builder of the Year, Builder of the Year as well as presenting volunteer awards for Member of the Year and Hall of Fame.

"It is truly inspiring to see the level of quality, attention to detail and customer service," says Bridget Mearns, executive officer of BILD Lethbridge. "The commitment BILD Lethbridge members have in designing, building and supplying the best products for Lethbridge citizens and region; the judges had a very difficult job."

Some of the evening's highlights included Ashcroft Master Builder being awarded Builder of the Year for 2019, along with winning five single-family design awards, and Megan King took home the Best New Home

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Salesperson. Greener Homes won the Custom Builder of the Year and was also awarded the Best Energy Efficient Housing. Avonlea Homes won Best Development for BlackWolf along with four other awards. Empire Home Renovations swept all three renovation categories with their renovation of the "Wicher Residence," and a single-family design award.

#### **Prison for drug charges**

A 26-year-old Lethbridge man who sold cocaine to undercover police officers more than a year ago has known since last November he was headed for prison.

Then on Feb. 10 in Lethbridge provincial court, Peter Ntignee was sentenced to 30 months in a federal penitentiary.

Ntignee pleaded guilty Nov. 14 to single counts of drug trafficking and drug possession for the purpose of trafficking, but sentencing was adjourned to allow him time to get his personal affairs in order before going to prison.

During sentencing Monday, Ntignee sat quietly in the prisoner's dock while his obviously distraught father sat only a few metres away, "grieving" over the sentence he knew would befall his son, yet hoping could somehow be avoided.

#### Safer internet the goal

February 11 marked the worldwide Safer Internet Day initiative, and Lethbridge Police Service and the Lethbridge Sexual Violence Action Committee are working together for a better and safer internet experience.

Safer Internet Day calls upon young people, parents, caregivers, teachers, social workers, law enforcement, businesses and policy makers to join together in helping create a better internet. From online gaming, shopping and watching videos to reading news and socializing, the internet is full of fun and information. However, the internet also creates a haven for criminals where they can hide anonymously in an effort to lure and sexually exploit those who are vulnerable, especially children.

The Canadian Centre for Child Protection defines online luring in circumstances where one person (typically an adult but not always) communicates with a young person through technology such as texting, instant messaging, to make it easier to commit a specific sexual offence against the young person.

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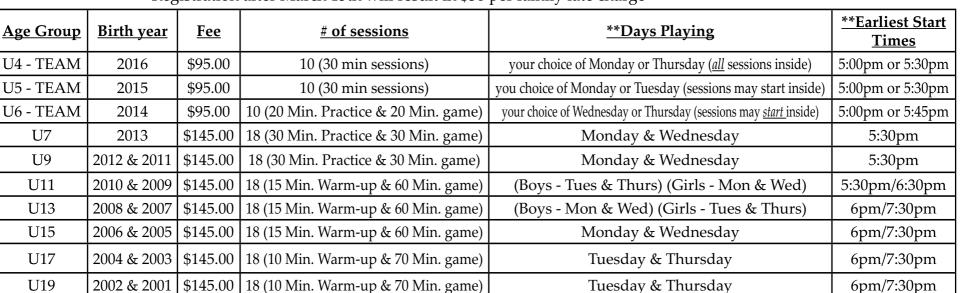
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\*\*Registration after March 15th will result in \$30 per family late charge



START TIMES CANNOT BE REQUESTED AS TIMES WILL ROTATE THROUGHOUT THE SEASON
Sessions will be scheduled for Victoria Day Monday May 18th

\*\* Days & Start times are subject to change and are provided as a guideline only. Season to start on Monday April 20, 2020 and be complete by Saturday June 20, 2020

\*Requests (U4 - U7 ONLY) will be accepted at <u>OFFICE ONLY</u> (deadline: March 15) and form must be completed. One Request for \$30. Requests are <u>NOT GUARANTEED</u> and non-refundable. Maximum 3 out of town kids per team only.

\*U4/U5/U6/U7 - leagues are co-ed.

U9/U11/U13/U15/U17/U19 - Leagues will be separated by gender. Genders may be combined if numbers are low <a href="LETHBRIDGE FOOTBALL CLUB"><u>LETHBRIDGE FOOTBALL CLUB</u> (registration will open on February 15)</a>

U9 - U19 Boys & Girls Competitive Soccer

EVALUATIONS will be the week of March 23rd times and location TBD More detailed information such as the program, evaluations dates and times as well as fees can be found at www.lethbridgesoccer.com under the Lethbridge FC tab



#### **CLUES ACROSS**

- 1. Half-conscious states
- 8. Strange
- 13. Deep regret
- 14. Rogue
- 15. Took without permission
- 19. An alternative
- 20. Performer \_\_-Lo
- 21. Partner to flowed
- 22. Best day of the week (abbr.)
- 23. Body part
- 24. Famed river
- 25. Lake \_\_\_, one of the Great
- 26. Make free from bacteria
- 30. People native to Canada
- 31. Japanese seaport
- 32. Least clothed
- \_\_\_\_\_
- 33. Horse of small breed
- 34. Italian doctor and poet
- 35. Moving away from land
- 38. One who parks cars
- 39. Some are front and some are back
- 40. Views
- 44. Ancient Greek shield (alt. sp.)
- 45. Spanish seaport
- 46. New England college (abbr.)
- 47. The woman
- 48. Belgian province
- 49. Danish krone
- 50. Excessive dose (abbr.)
- 51. In great shape
- 55. 7th month of Islamic calendar
- 57. Shaped

2

58. Icelandic poems

3

59. Swollen area within tissue

#### **CLUES DOWN**

- 1. Small amounts
- 2. Duplicate
- 3. Current unit
- 4. Neither
- 5. Chromium(II) oxide
- 6. Second sight
- 7. The absence of mental stress or anxiety
- 8. Supplemented with difficulty
- 9. Not the beginning
- 10. Dorm employee
- 11. Hard, white substances
- 12. Scariest
- 16. Spanish island
- 17. Having sufficient skill
- 18. Where golfers start
- 22. No charge
- 25. Print errors
- 27. Where rafters ply their trade
- 28. Paintings of holy figures
- 29. CNN host Lisa
- 30. Gives whippings
- 32. Type of tie
- 34. Unbroken view
- 35. Blemish
- 36. National capital
- 37. ŌCaptain MarvelÓ actress Larson
- 38. Tenth pair of cranial nerves
- 40. Arizona native peoples
- 41. Confuse
- 42. Body parts
- 43. Plays a fast guitar
- 45. Tub
- 48. Pen parts
- 51. Supervises flying
- 52. Cars come with one
- 53. Some are fake
- 54. Calendar month
- 56. American whiskey (abbr.)

9

10

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12

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### Bird numbers in decline

**Q.** Based on the most comprehensive inventory of North American birds ever done, their population is A. increasing slightly B. remaining steady C. declining by millions D. declining by billions.

A. The answer is D (billions). "Since the 1970s, the continent has lost 3 billion birds, nearly 30% of the total, and even common birds such as sparrows and blackbirds are in decline," reports Elizabeth Pennisi in "Science" magazine. U.S. and Canadian researchers studied 529 species, 90% of the entire bird population, and found that most groups have declined, though ducks and geese have flourished, as have raptors since the 1972 ban on DDT.

The birds' habitats — grasslands, forests, shorelines, and others — have also declined; only wetlands have grown slightly. Grassland birds such as meadowlarks and northern bobwhites are down by one-half, while shorebirds such as sanderlings and plovers are down by one-third.

Probable causes include climate change, habitat loss and shifts in food webs, plus more subtle ones such as the use of a common pesticide that even in low doses "made migratory sparrows lose weight and delay their migration, which hurt their chances of surviving and reproducing." But the study's



By Bill Sones & Rich Sones, PhD

For the Sun Times

cause of the decline is removed, "the birds come back like gangbusters."

Q. How did toilet paper — or the lack thereof — prove pivotal to what was considered one of the most successful

lead author Ken Rosenberg says, as with the

recovery of eagles and other raptors, once the

intelligence missions of the Cold War?

A. At the end of World War II, when
Germany was divided into West and East, "the
allied forces were instructed not to share their
toilet paper with their Russian counterparts,"
says Dan Lewis in his book, "The Soviets
Invaded Wisconsin?!" The thinking was that

the opposing military officials would end up wiping themselves with official documents that were sitting idly by. Not being water soluble, the documents also weren't flushable, and when they were tossed into a garbage can, the Western spies sprang into action.

In their search, the agents found "secret documents (covered in unpleasant 'stuff,' of course), detailing the covert operations of the Soviet military-industrial complex." And more. When the agents found amputated limbs, they were ordered to dig further to determine the type of shrapnel the Soviets were using.

Concludes Lewis, "Luckily, despite the gore and overall grossness of the mission, it was successful."

**Q.** A record 28 per cent of Japan's population is aged 65 or older, reports "New Scientist" magazine. What tech-savvy gadgetry is helping older workers meet the physical demands of their jobs and stay on the job longer?

A. Exoskeleton suits that tech companies in Japan have developed to make it easier to lift and carry heavy objects, says the magazine's Alice Klein. The Every Muscle Suit, for example, "is worn like a backpack, doesn't contain any batteries or motors and weighs less than 4 kilograms" (about 9 pounds). "Once pumped up, the artificial muscles exert a force that allows people to lift up to 25 kg (55 pounds) fairly easily." Since their release in the spring of 2018, some 4000 suits have been sold at 1,000 pounds (\$1,325) each. Buyers include one of Japan's biggest whiskey companies to help workers lift barrels and nursing homes to help staff lift residents in and out of bed, plus food manufacturers and construction companies.

Concludes Klein: "The demand for exoskeletons is likely to increase as Japan is forced to raise the retirement age to address worker shortages...."
As the nation's prime minister Shinzo Abe remarked, "I want healthy, willing elderly people to use their experience and wisdom in society."

(Send STRANGE questions to brothers Bill and Rich at sbtcolumn@gmail.com)

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Technician License to inspect school buses. Suitable applicants with-in their 3rd or 4th year of apprenticeyear of apprentice-ship may be con-sidered. A valid class 2 driver's li-cense with S en-dorsement is re-quired, training is available.

check, including the vulnerable sector check, and a driver's abstract will be required for the successful applicant. Deadline for applications will be as soon as we have a suitas we have a suit able applicant pool.

Please forward your application and resume, in-cluding contact information for three professional references to: Sean Beaton, Assistant

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